

HEALTH CARE SERVICES PLAN

HANDWASHING:

The following procedures will be used for hand washing:

- Have a single service towel available.
- Turn water on to a comfortable temperature between 60 degrees F and 120 degrees F.
- Moisten hands with water and apply soap.
- Rub hands together vigorously until soapy lather appears and continue for at least 10 seconds.
- Rub area between fingers, around nail beds, under fingernails, jewelry, and back of the hand.
- Rinse hands under running water until free of soap and dirt. Leave water running while drying hands.
- Dry hands with a clean, disposable paper or single use cloth. Turn off tap with disposable paper or single service towel.

The following are not approved substitutes for soap and running water:

- Hand sanitizers
- Water basins
- Pre-moistened cleansing wipes

HANDLING BODILY FLUIDS:

The center will use precautions when handling bodily fluids as instructed in the blood born pathogen training. Steps include:

- Staff will put on gloves
- Staff will clean up bodily fluid with a disposable paper towel
- The area will be washed with soap and water, rinsed, and sanitized
- The child's hands will be washed
- Staff will remove gloves and wash hands

CLEANING AND SANITIZING:

The following steps will be followed:

- The surface will be washed with soap/detergent and water.
- It will next be rinsed with clean water.
- The surface will be wiped or sprayed with a sanitizing solution. Toys and small items may be submerged in the solutions.
- The area or items should be allowed to air dry. If they must be wiped, allow three minutes before wiping, so that the sanitizing agent has time to work.

SANITIZING SOLUTIONS:

- Water and non-scented chlorine bleach solution with a concentration of one tablespoon bleach to one gallon of water, or one teaspoon of bleach to 32 oz. of water.
- Commercial sanitizers specified on the label to be safe for food contact surfaces and not hazardous to children; used according to manufacturer's mixing and usage directions.

CONTROLLING INFECTIONS:

- See universal precautions above.
- Toys that are mouthed or otherwise exposed to bodily fluids will be removed, washed, rinsed and sanitized.
- Bedding will be stored so that it does not come into contact with other children's bedding. Cots and mats will be washed, rinsed, and sanitized daily if soiled or contaminated with bodily fluids, or used by different children; weekly if used by one child.
- Children who have any type of communicable disease/condition will be removed from care and may only return to care with a doctor's note.
- Children who become ill will be moved away from the other children until picked up.
- Parents will be informed of any communicable diseases in the facility.

HEALTH RESOURCE(S): OALKAND COUNTY HEALTH DEPARTMENT: 248-858-1280