



**WATERFORD SENIOR CENTER
DIRECTORY
OF SERVICES FOR OLDER ADULTS**

Emergency Numbers

Emergencies (Fire, Police, Medical)	911
TTY Deaf only Emergencies: Fire and Police Waterford	248-674-2131
Ambulance	
Community EMS	800-622-6428
Star EMS—Non Emergency	248-674-9700
Emergency Medical Services	
Crittenton Hospital	248-652-5311
Doctor's Hospital	248-857-6720
Huron Valley-Sinai Hospital	248-937-4400
McLaren Health Center	248-338-5000
POH Medical Center	248-338-5332
St. Joseph Mercy Hospital (emergency room)	248-758-7000
TTY for the Deaf (deaf relay services to any emergency room)	800-649-3777
Waterford Ambulatory Care Center	248-666-9000
Common Ground Crisis Line	248-456-8150/800-231-1127
Poison Control Center	800-222-1222
TTY Deaf only Poison Control Center	800-356-3232

WATERFORD SENIOR CENTER MISSION STATEMENT

The mission of the Waterford Senior Center is to provide a focal point in the Waterford community for services, programs and activities associated with vital aging.

Introduction

The Waterford Senior Center has published this directory of services for older adults as part of its commitment to provide information about programs and services for seniors in the Waterford area.

This phone directory lists in alphabetical order, by subject, many important services and activities available to seniors. For your information, many of the directory headings are followed by a short explanation of the service. Listings are for informational purposes, are not all-inclusive and **do not imply endorsement** by the Waterford Senior Center. Other agencies may be found in the Yellow Pages of the Telephone Directory.

We hope you find this directory meets your information needs and will be useful in locating the wide variety of resources available for seniors in the Waterford area.

**Waterford Senior Center Outreach Services
2013**

2013

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Advocacy and Resources

AAA 1-B Senior Advocacy Network	800-852-7795
AARP	888-687-2277
Citizens for Better Care—Nursing Home Information	www.cbcmi.org 800-833-9548
Dublin Senior Center	248-698-2394
ElderWise Advisor/Advocate	248-585-7917
LWV (League of Women Voters)	www.lwv.org
Michigan Access to Services for Seniors	www.miseniors.net
Michigan Office of Services to the Aging	517-31--8230
Oakland County Health Division, Nurse on Call	800-848-5533
Waterford Senior Center	248-682-9450

Adult Day Care/Respite

Adult Day Care provides supervised care, social, and recreational services to older adults and provides respite for caregivers. **Respite Care** is short-term residential care offered by some nursing homes or adult foster care homes to provide temporary relief to caregivers. Admission requirements and availability of beds vary with each facility. Some facilities require a minimum stay. Respite care usually is paid for solely with private funds (or long term care insurance). Fees generally include room and board, 24-hour supervision, assistance with personal care and scheduled activities.

Adult Day Care:

Encore Adult Day Care—Waterford Senior Center	248-682-9450
Catholic Social Services	248-548-4044

Respite Care:

American House Oakland	www.americanhouse.com 248-904-1212
American House Stone	www.americanhouse.com 248-853-2330
Clare Bridge House of Farmington Hills	248-489-9362
Danto Family Healthcare	248-788-5300
In Home Respite Care—Alzheimer’s Association	www.alz.org 800-272-3900
Loveland Adult Foster Care	248-258-6422
Penny Lane Elderly Care Home	248-887-0616

Care Management

Independent Care Managers are advocates for clients, helping them find health care services most appropriate for their needs. They are, in essence, health care advisors. Care managers may visit in the home to talk with clients and assess their capabilities and needs and then follow through with finding the right help to meet those needs. Care managers who work for **insurance companies** or **provider organizations** *may* have a different goal such as controlling costs or finding cases for their employer.

Alzheimer's Disease Education & Referral Center	www.alzheimers.org	800-438-4380
AOA Eldercare Locator	www.eldercare.gov	800-677-1116
Area Agency on Aging 1-B	www.aaalb.org	800-852-7795
W. Beaumont Geriatric Evaluation Clinic		248-551.1756
Crittenton Psychiatric Program		248-652-5797
ElderWise		248-585-7917
Krieger Geriatric Center—Huron Valley-Sinai Hospital		248-937.4211
National Association of Professional Geriatric Care Managers	www.caremanager.org	
Serving Seniors, Inc.	www.serving seniors.net	248-375-9125/877-375-7364

Caregiving

Canterbury-on-the-Lake	www.canterburyonthelake.com	248-674-9292
Caregiving.com		www.caregiving.com
Eldercare Locator		www.eldercare.gov
National Alliance for Caregiving		www.caregiving.org
National Family Caregivers Association		www.nfcares.org

Cemeteries

All Saints Cemetery		248-623-9633
Great Lakes National Cemetery for Veterans		866-348-8603
Ottawa Park Cemetery		248-758-3977
Waterford Township Cemeteries		248-618-7437
White Chapel Memorial Cemetery		248-362-7670

Companionship

Alzheimer's Association (In Home Respite)		800-272-3900
Catholic Social Services - Senior Companion Program	www.cssoc.org	248-559-1147
Friendly Visitors—Waterford Senior Center		248-682-9450
Home Instead Senior Care	www.homeinstead.com/408	
Waterford		866-922-1400
Walled Lake		866-472-0530

Consumer Concerns

Auto Repair Complaints - Mich. Dept. of State www.mi.gov/sos	888-767-6424
Better Business Bureau www.BBB.org	248-223-9400
Bureau of Health Professions www.michigan.gov --Complaint Hot Line www.michigan.gov	517-335-0918 800-882-6006
Credit Reports	
--Equifax www.equifax.com	800-685-1111
--Experian www.experian.com	888-397-3742
--TransUnion www.transunion.com	800-916-8800
Department of Attorney General www.michigan.gov/ag --Consumer Protection	517-373-1110 517-373-1140/877-765-8388
Identity Theft	
-- www.ftc.gov/bcp/edu/microsites/idtheft	877-438-4338
Medicines to dispose of Waterford Police Dept. Lobby at 5150 Civic Center Drive	
National Fraud Information Center www.fraud.org	
Road Problems—Oakland County during business hours	877-858-4804
Road Problems—Oakland County nights and weekends www.rcocweb.org	248-858-4895

Crisis Intervention & Counseling

ACCESS (Common Ground Crisis Hotline)	800-231-1127
Emergency Evaluation	248-456-1991
Adult Protective Services www.michigan.gov/dhs	855-444-3911
Alcoholics Anonymous www.aa.org	248-332-3521
Alanon	248-706-1020/888-425-2666
Catholic Social Services – Older Adult Services www.cssoc.org	248-548-4044
Haven – 24 Hour Crisis and Support Line www.haven-oakland.org Victim advocacy and Emergency Shelter	248-334-1274
Narcotics Anonymous www.michigan-na.org/oakland/	248-543-7200/877-338-1188
National Council on Problem Gambling www.ncpgambling.org	800-522-4700
Oakland Family Services www.oaklandfamilyservices.org	248-858-7766
Problem Gambling for Michigan	800-270-7117

Disability Services

Adaptive Mediquip	www.adaptivemediquip.com	800-309-2273
ARC Advocates for Disabilities	www.arcmi.org	800-292-7851
Beaumont Hospital Low Vision Clinic	www.beaumont.edu/ophthalmology	248-551-2020
Commission for the Blind	www.michigan.gov/mcb	800-292-4200
DEAF C.A.N.! TTY for the Deaf	www.deafcan.org	248-332-3323
SHHH Self Help for the Hard of Hearing People		248-332-3331 TTY
Deaf and Hearing Impaired Services	www.dhisonline.org	248-473-1888
TTY for the Deaf		248-473-1875
DRIS—Detroit Radio Information Service	www.dris.org	313-577-4207
for the Blind & Physically Handicapped Audio Program Hotline		
Detroit Institute of Ophthalmology	www.eyeson.org	313-824-4710
Detroit Receiving Hospital, University Health Center Visually Handicapped		313-745-4510
Epilepsy Mobility	www.epilepsyfoundation.org/michigan/	800-377-6226
Handicapped Parking Permit—Secretary of State		888-767-6424
www.michigan.gov/sos		
Jade Hearing Instruments	www.jadehearinginstruments.com	248-922-5600
Low Vision Solutions	1-877-277-1127 or	248-777-1100
Michigan Relay Center (AT&T)	www.michiganrelay.com	800-649-3777
Our House Club House (Psychiatric Disabilities)	www.occmha.org	248-668-0922
Oakland County Library for the Visually and Physically Impaired		800-992-9012
www.oakgov.com/lvpi		
Owl Medical Specialties		248-626-1824
PBS Detroit, Channel 56 (Television Narration Service)	www.dptv.org	248-305-3788
Greater Detroit Agency for the Blind and Visually Impaired		313-272-3900
www.gdabvi.org		
Visual Rehab & Research Center of S.E. Michigan	www.henryford.com	313-824-2401
Visually Impaired Information Center	www.viic.org	734-421-6599

Educational, Recreational & Cultural Programs

Clarkston Village Players	248-625-8811
Drayton Plains Nature Center	248-618-3070
Elderhostel www.elderhostel.org	
Friends of the Waterford Township Library (Call Waterford Library for Referral Information)	248-674-4831
Lakeland Players www.lakelandplayers.net	248-998-0098
Oakland Community College www.oaklandcc.edu	248-942-3100
Oakland County Historical Society	248-338-6732
Oakland Literacy Council www.oaklandliteracy.net	248-253-1617
Road Scholar www.roadsscholar.org	800-454-5768
Waterford Book Review (Call Waterford Library for Referral Information)	248-618-7484
Waterford Community Education	248-706-4868
Waterford Cultural Council	248-618-7529
Waterford Historical Society	248-673-0342
Waterford Parks & Recreation, Senior Program (Golden Age Club) www.twp.waterford.mi.us/parksandrec	248-674-4881
Waterford Senior Center www.waterford.k12.mi.us/seniorcenter	248-682-9450
Waterford Township Public Library www.waterford.lib.mi.us Outreach Services	248-674-4831 248-618-7682

Employment

Area Agency on Aging 1-B	800-852-7795
Oakland Livingston Human Services Agency	248-209-2600
Operation Able	800-922-4473
Waterford Works Career Center	248-682-3417

Financial Information & Resources

Area Agency on Aging 1-B Benefits Specialists www.aa1B.com 800-852-7795
Benefits Check Up www.benefitscheckup.org
Fannie Mae Foundation <http://literacyworks.org/fmfhome/index.html>
Green Path Debt Solutions 800-550-1961
Internal Revenue Service www.irs.gov 800-829-1040
Lighthouse of Oakland County, Inc., Clarkston 248-620-6116
Lighthouse of Oakland County, Inc., Pontiac www.lighthouseoakland.org 248-920-6000
USAGov for Seniors www.usa.gov

Medicaid Information www.michigan.gov/mdch 517-373-3740
National Committee to Preserve Social Security and Medicare 800-966-1935
www.ncpssm.org
Needy Meds www.needymeds.com
Oakland County Housing Counseling 248-858-5402
Prescription Programs:
COSTCO (Prescription Only) www.costco.com 248-972-0725
Eli Lilly Answers 877-795-4559
Free Orange Card for Drugs—Glaxo, Smith, Kline 866-475-3678
Pfizer Bridge Prescription Program www.PfizerHelpAnswers.com 800-645-1280
World Medical Relief-Prescriptions 313-866-5333
Reverse Mortgages: Oakland County Housing Counselor 248-858-5402
National Center for Home Equity Conversion www.reverse.org
Social Security Administration www.ssa.gov 800-772-1213
(Direct Deposit)
Stessa Services, LLC www.stessaservices.com (Financial Information) 248-489-9563
The Payments Authority (Automatic Bill Payment) 248-952-5800
www.thepaymentsauthority.org
Waterford Senior Center Tax Assistance Program 248-682-9450

Food & Nutrition Services

Emergency Food

ANGEL FOOD MINISTRIES www.angelfoodministries.com 877-366-3646
FISH 248-334-5555
FOCUS HOPE 248-682-9450
(Waterford Senior Center Distribution Site) 248-682-9450
Food Stamps:
Hotline 800-221-5689
Information Line (Dept. of Human Services – Customer Service) 517-373-0707
Lighthouse of Oakland County, Inc. - Clarkston 248-620-6116
Lighthouse of Oakland County, Inc. - Pontiac 248-920-6100
www.lighthouseoakland.org
Older Persons' Commission 248-656-1403
OPEN DOOR 248-360-2930
Pontiac Meals on Wheels 248-738-9393
St. Vincent DePaul Church 248-332-0283/248-623-2780
Salvation Army 248-334-2407

TEFAP Emergency Food Assistance Program—OLHSA www.olhsa.org	248-209-2655
Home Delivered Meals	
Meals-on-Wheels—Waterford Senior Center	248-682-9450
Schwan’s Meal Times www.schwans.com	888-724-9267
Nutrition Information & Counseling	
Food Hotline—MSU Extension, Oakland County	248-858-0880
Nutrition Counseling—SJM Oakland	248-858-3661
Oakland County Health Education & Nutrition Services www.oakgov.com/health	248-858-1403
Senior Dining	
Waterford Senior Center	248-682-9450
Funeral Directors	
Coats Funeral Home, Inc.	248-674-0461
Donelson Johns and Evans Funeral Home, Inc.	248-673-1213
Elton Black & Son Funeral Home	248-889-1500
Huntoon Funeral Home, Inc.	248-338-3100
Lewis E. Wint & Son Funeral Home, Inc.	248-625-5231
Riverside Chapel Simpson-Modetz Funeral Home	248-674-4181
Government Services	
Waterford Township Offices //twp.waterford.mi.us	248-674-4655
Absentee Ballot Information (Township Clerk)	248-674-6266
51 st District Court	248-674-4655
Medicaid (Dept. of Human Services) Pontiac office	248-975-4800
Medicaid Help Line	800-642-3195
Oakland County www.oakgov.com/index.html	248-858-1000
Oakland County Road Commission	248-858-4804
Secretary of State www.michigan.gov/sos (Handicapped Parking Permit, Personal Identification Card)	888-767-6424
Stamps by Phone www.usps.com	800-782-6724
State House Web Page	www.house.mi.gov
State Senate Web Page	www.senate.michigan.gov
State Legislative Link	www.legislature.mi.gov
U.S. House Web Page	www.house.gov
U.S. Senate Web Page	www.senate.gov
United States Post Office www.usps.com	800-725-2161
Waterford Cable Commission—Township	248-674-6242
Waterford Fire Department (Non-Emergency)	248-673-0405
Waterford Police Department (Non Emergency)	248-674-0351
Waterford Postal Carrier Annex	800-275-8777
Waterford Township Branch Library	248-681-2036
Waterford Township Public Library	248-674-4831
Waterford Water and Sewer Department	248-674-2278

Health and Fitness

Bally's Total Fitness	248-666-3611
Body Recall—Waterford Senior Center	248-682-9450
Curves, Waterford	248-673-6270
Michigan Senior Olympics	800-400-8161
Waterford Parks & Recreation, Senior Program www.twp.waterford.mi.us/parksandrec	248-674-4881

Health Information

ALS (Lou Gehrig's Disease) Foundation www.alsa.org	800-782-4747
Alzheimer's Association Helpline www.alzgm.org	800-272-3900
American Cancer Society www.cancer.org	800-227-2345
American Council for the Blind www.acb.org	800-424-8666
American Diabetes Association www.diabetes.org	800-342-2383
American Heart Association www.americanheart.org	800-242-8721
American Lung Association of Michigan www.lungnet.org	800-586-4872
American Parkinson's Disease Association www.apdaparkinson.org	800-223-2732
Arthritis Foundation www.arthritis.org	800-283-7800
Ask Noah—General Health Topics	www.noah-health.org
Cancer Information Service www.cancer.gov	800-422-6237
Christopher Reeve Paralysis Foundation www.christopherreeve.org	800-225-0292
Commission for the Blind www.michigan.gov/bsbp	800-292-4200
FirstGov for Seniors	www.firstgov.gov
Healthfinder	www.healthfinder.gov
HealthGate—The Natural Pharmacist	www.healthgate.com
Healthtouch	www.healthtouch.com
Karmanos Cancer Institute www.karmanos.org	800-527-6266
Mercy Health Line www.stjosoakland.org or www.mercyoakland.org	800-372-6094
Michigan Multiple Sclerosis Society www.nmssmi.org	800-243-5767
Michigan Parkinson Disease Foundation www.parkinsonsmi.org	800-852-9781
National Library of Medicine	www.nlm.nih.gov
National Osteoporosis Foundation www.nof.org	877-868-4520
Needy Meds	www.needymeds.org
Nurse on Call (Oakland County Health Division)	800-848-5533
RxList—The Internet Drug Index	www.rxlist.com
United Seniors Health Council	www.unitedseniorshealth.org

Home Chore/Support Services

Home chore services deal with **minor** home maintenance problems. Some of the types of help available include small repairs such as fixing a door knob that is loose or a door that sticks, outside yard work, or window washing, light housekeeping or grocery shopping.

Chore Service for Seniors—OLHSA	248-209-2675 and	248-209-2676
Helping Hands—Beaumont Hospital		248-551-0776
Home Helpers www.homehelpers.cc		586-752-3797
Moving Forward LLC (Moving Service) www.movingfwd.com		248-889-3559

Home Health Care

There are two different types of home health care services. One type is covered by Medicare and/or other insurance and another type is paid for by the consumer. The first is called **skilled intermittent** care. In order to qualify for this Medicare-covered service, you must have a **doctor's order** for nursing care, physical therapy, and/or speech therapy. You must be **homebound**, and the care needed must be on an **intermittent visit** basis. If you qualify for one of these skilled services, you may **also** receive help from an occupational therapist, a home care aide, and/or a social worker.

The second type of service is called **private duty** because the payment for this service is out-of-pocket. The services provided under a private pay arrangement can vary from an RN to Home Care Aides. Usually people need Home Care Aides to help with such activities as personal care, light housekeeping, and meal preparation. There are many agencies that provide these services, and the quality and dependability can vary greatly from one to the next. It is important to find out as much as you can about an agency including getting references before hiring them to help you in your home. Guidelines for selecting a private duty agency are available at the Waterford Senior Center and the Outreach Services Department of the Waterford Library.

Active Home Health Care, Inc.	248-395-2719
Advanced Professional Home Health Care – Flint	800-554-2883
Troy	248-649-5250
Affordable Home Care www.affordablehomecare.org	800-968-8195
All Valley Home Care & Nursing	248-601-0777
Beaumont Home Health Services	248-743-9500
ComForcare Senior Services www.ComForcare.com	248-745-9700
Crittenton Home Care Health Care Outreach	248-656-7010/800-852-0995
Evergreen Personal Service	248-620-2286
Excel Rehabilitation Service	248-676-0666
Greater Oakland Visiting Nurse's Association of Waterford	248-683-1770
Health Care Partners, Inc.	248-358-1186
Home Instead Senior Care (Non-Medical) www.homeinstead.com/408	
Waterford - 866-922-1400 Walled Lake – 866-472-0530	
Homewatch Caregivers www.homewatchcaregivers.com	800-777-9770
House Call Physicians, Inc.	248-559-3400
HOW-Health Care on Wheels	800-686-3784
Maxim Health Care	800-878-1908
Metro Home Health Care Services, Inc.	248-569-8106
Medical Professionals, Inc.	800-223-5818
North Oakland Caregivers	248-625-8484
North Oakland Home Health Care	248-625-5865
Palliative Care—Kathleen Murphy, Physician	248-763-7898
Parish Nurse Program	248-858-3042
Rescare Homecare	800-548-3467
Samaritan Care Hospice	800-397-9360
Sunrise Home Health Services www.sunrisehhs.com	888-756-6200
Spectrum Home Care	800-956-8773
Unicare Home Health Care, Inc.	800-938-8001
Visiting Nurse Association, Inc.	800-882-5720
Visiting Nurse Association of Southeast Michigan	248-967-1440 or 800-882-5720

Home Improvement Assistance

Christmas in Action of Oakland County	248-618-7433
Waterford Community Planning www.twp.waterford.mi.us (Including Christmas in Action of Oakland County)	248-674-6228

Hospice Services

Hospice is caring for people who are nearing the end of their lives. Hospice provides services that keep patients comfortable and help meet their emotional and spiritual needs. The goal of Hospice is for patients to live their final days with peace, comfort and dignity.

Mercy Hospice	www.trinityhomehealth.com	800-832-1155
Hospice Foundation	www.hospicefoundation.org	
Hospice Link	www.hospiceworld.org	800-331-1620
Hospice of Michigan	www.hom.org	888-247-5181
Great Lakes Caring Hospice		800-311-5365
Karmanos Cancer Institute--Hospice	www.karmanos.org	248-827-1592
Medicare Hospice Benefits		800-633-4227
National Hospice and Palliative Care Organization	www.nhpco.org	800-658-8898
Odyssey of Michigan		800-428-3441
Visiting Nurse Association of Southeast Michigan		248-967-8365

Hospital Equipment and Medical Supplies

These businesses may stock a variety of equipment and supplies, i.e. hospital beds, ramps, wheel chairs, walkers, oxygen, etc. Some may also deliver.

Active Home Health Care, Inc.	248-395-2719
Adaptive Mediquip	586-752-2475
American Medical Services www.amsmedical.net	248-332-6688
A-1 Mobility Center www.a1mobilitycenter.com	734-422-4234
Binsons Home Health Care Centers www.binsons.com	888-246-7667
Sheldon Medical Supply www.sheldonmedicalsupply.com	800-922-5101
Epilepsy Mobility www.epilepsymichigan.org	800-377-6226
McLaren Home Medical	248-674-4112
Michigan Diabetes Supplies Liberty	800-321-5290
Owl Medical Specialties	248-626-1824
RT Specialists, Inc.	248-625-9400
Senior Home Health Care Equipment & Supplies	248-363-7575
SpectraMed, Inc. www.spectramedinc.com	248-669-5757
Professional Breathing Association—Home Health Equipment & Supplies	248-852-9393
Waterford Senior Center Loan Closet	248-682-9450
World Medical Relief	313-866-5333
Wright & Filippis www.FirstToServe.com	800-482-0222

Hospitals & Medical Centers

Clarkston Medical Group (open 24 hours)	248-625-2273
Crittenton Hospital www.Crittenton.com	248-652-5000
Doctor's Hospital	248-857-7200
Huron Valley-Sinai Hospital www.hvsh.org	248-937-3300
McLaren Medical Center www.mclaren.org	248-338-5000
Baldwin	248-334-4962
Clarkston Primary Care	248-922-9975
St. Joseph Mercy Hospital www.stjoesoakland.org	248-858-3000
St. Joseph Mercy Adult & Pediatric Care Center	248-858-3126
Waterford Ambulatory—NOMC	248-666-9000
Waterford Primary Health Services—NOMC	248-666-2120
Clinics (Free/Low Cost):	
Fr. Pops Clinic—Pontiac (Call for hours and appointment)	248-334-2126
Mercy Place Clinic—Pontiac	248-333-0840
Oakland Primary Health www.oaklandphs.org	248-322-6747

Physician Referral:

Crittenton Hospital	248-652-5418
Doctor's Hospital	248-857-7200
Huron Valley-Sinai Hospital	248-937-3300
POH Medical Center	248-338-5191
St. Joseph Mercy Hospital	800-372-6094

Housing—Senior Living Alternatives

Independent Living residences are described as follows:

Apartments: Location in or near Waterford with rental not restricted to Seniors.

Home Residences: Many seniors are able to stay in their own homes or apartments with help from home health and home chore programs, home delivered meals and other in-home care, and adult day care. Look for these and other services elsewhere in this directory.

Retirement Communities: Apartment complexes which expect senior adults to function independently. These facilities may provide services such as meals, housekeeping, laundry, and transportation assistance. Most have features to accommodate disabled persons and emergency call systems. Some are subsidized by the Federal Government and are restricted to those with a limited income. Many have waiting lists. These facilities are unlicensed but must meet local health, safety and zoning codes.

Continuing Care Retirement Communities (CCRC) offer on a single campus multiple types and levels of housing. These are usually independent living, assisted living, and nursing home care. CCRC's are sometimes called "life care Communities" because some guarantee housing and services for as long as the resident lives regardless of health status. When choosing a facility, it is important to know which levels of care are offered and whether these levels meet the current and anticipated needs of the older adult. Some facilities require a long-term contract be signed prior to admission, which guarantees housing and services as long as the resident lives. This may involve an entrance fee in addition to monthly fees.

Assisted Living Residences are described as follows:

Assisted Living Communities are a combination of housing, supportive services, personalized assistance and health care designed to meet activities of daily living. Twenty-four hour protective oversight and medication monitoring is provided. A majority of these facilities are private pay and are not regulated except by local authority. Facilities may provide varied levels of care. When choosing a facility, it is important to know what services are provided and whether these services meet current and anticipated need of the adult.

Adult Foster Care (AFC) homes provide room and board, protection and supervision in a small group residential setting. They are required to administer medications and must also provide either hands-on personal care or personal care supervision. AFC homes are licensed and regulated through the Michigan Department of Consumer and Industry Services, and are usually private owned.

Homes for the Aged are facilities that provide room and board as well as recreation, supervision, and personal care to those over age 62. Payment is through Social Security, Supplemental Security Income (SSI), or other income assets. Homes for the Aged are licensed by Michigan Department of Consumer and Industry Services.

Health Care Centers (Nursing Homes). These are facilities that provide 24-hour nursing care and medical supervision. Most residents are elderly; however, anyone recovering from an acute illness or injury is eligible. Nursing homes are licensed by the Michigan Department of Consumer and Industry Services. Many accept Medicaid financial assistance. Nursing homes provide two levels of care. **(1) Skilled:** care that requires the skill and judgment of licensed professionals, i.e., rehab, IV therapy, suctioning, etc. **(2) Basic:** care that provides necessities of daily living, i.e., bathing, grooming, toileting.

Housing Information & Referral Agencies

Citizens for Better Care	www.cbcmi.org
(Nursing Homes & Homes for the Aged)	
Nursing Homes and Comparisons	www.medicare.gov
Oakland County Housing Counseling	248-858-5402
Senior Living Alternatives	www.alternativesforseniors.com
Waterford Senior Center—Outreach Department	248-682-9450

Housing—Senior Living Alternatives

Apartments/Condos

American Heritage Apartments	248-673-2226
Ashton Pines Apartments	248-666-9193
Briarwood Apartments	248-363-7545
Cedar Gate Apartments	248-681-4202
Cherokee Hills Apartments	248-681-3309
Colonial Village Condominium Association (LandArc)	248-673-0400
www.LandArc.com	
Glengarry Park Apartments	248-683-2010
Greyberry Apartments	248-683-4452
Independence Square Apartments	248-623-9106
Lancaster Lakes Apartments	248-507-4242
Waterford West Apartments	248-666-9400

Retirement Communities

Private Pay

American House Oakland	www.americanhouse.com	248-335-7020
		TDD 800-649-3777
American House Senior Village	www.americanhouse.com	248-853-6000
American House West Bloomfield	www.americanhouse.com	248-538-5283
Baldwin House		248-540-4555
Baptist Manor	www.thebaptistmanor.org	248-626-6100
Canterbury-on-the-Lake	www.canterburyonthelake.com	248-674-9292
Colonial Meadows		248-373-0983
TTY for the Deaf		800-649-3777
Elmhaven Manor	www.havenmanors.com	248-451-1370
Fox Manor-on-the-Lake	www.Lourdescampus.com	248-674-9590
Fox Run Village		248-926-5200
Heatherwood Retirement Community		248-350-1777
Heritage in the Hills		248-276-1943
Independence Village & Oaktree Apartments		888-292-2490
www.seniorvillages.com		or 248-360-7235
Inn at Cass Lake	www.innatcasslake.com	248-681-8229

Lockwood of Waterford www.lockwoodgrp.com	248-618-0777
Maple Village www.maplev.org	248-723-6275
Meadows of Auburn Hills	248-370-9393
Medilodge of Milford	248-685-1460
Waltonwood at University	800-250-7597

Subsidized

HUD Housing Counseling	313-226-7900
Danish Village	248-375-1810
Lakeland Place	248-682-3122
Village of Oakland Woods www.pvm.org	248-334-4379
Waterford Meadows	248-683-2224
Whispering Woods	248-363-2775

Continuing Care Retirement Communities

Canterbury-on-the-Lake www.canterburyonthelake.com	248-674-9292
Fountains at Franklin	248-353-2810
Lourdes, Inc.	248-674-2241
Mercy Bellbrook	248-656-6300

Assisted Living

Alterra Clare Bridge	248-489-9362
American House—Elmwood	248-237-4940
American House—Oakland www.AmericanHouse.com	248-335-0141
American House—Stone	248-237-3923
American House Regent Street	248-683-1010
Arden Courts – Alzheimer’s & Dementia Assisted Living	248-644-8100
Autumn Ridge Assisted Living—Clarkston www.autumnridgeofclarkston.com	248-625-0500
Baptist Manor	248-626-6100
Boulevard Health Care Center	248-852-7800
Canterbury-on-the-Lake: The Leas www.canterburyonthelake.com	248-674-9292
Harbor Chase of Auburn Hills www.harborchase.com	248-340-9296
Heartland West Bloomfield	888-793-6250
Joseph T. Mendelson Assisted Living--Lourdes, Inc.	248-674-2241
Maple Village www.maplev.org	248-618-6362
Medilodge of Milford	248-685-1460
Pine Tree Place – Clarkston	248-620-2420
St. Anne’s Mead	248-557-1221
St. Elizabeth Briarbank	248-644-1011
Sunrise Assisted Living--Rochester Hills	248-601-9000
Sunrise Assisted Living--West Bloomfield	248-738-8101
Waltonwood of Royal Oak www.waltonwood.com	800-239-1396

Adult Foster Care

Adultcare Inc. – Clarkston	248-394-0734
Adultcare of Independence Township	248-394-0734
Drake Wood Manor	248-674-2658
Lourdes, Inc.	248-674-2241
Mecca House Foster Care	248-666-9278
Penny Lane Elderly Care Home www.PennyLaneElderlyCare.com	248-887-0616
Pine Tree Place	248-620-2420

Homes for the Aged

Marvin & Betty Danto Family Health Care Center	855-270-6527
Estabrooks Havencrest	248-698-3700
Harbor Chase of Auburn Hills www.harborchase.com	248-793-6250
Lourdes, Inc.—Clausen and Mendelson Homes	248-674-2241
Sanctuary at Bellbrook	248-656-6300
Waltonwood of Royal Oak www.waltonwood.com	800-239-1396

Nursing Homes

Bloomfield Orchard Villa	248-360-4443
Bortz Health Care of Oakland – Lake Orion	248-391-0900
Bortz Health Care of Green Lake	248-363-4121
Boulevard Hills Nursing Facility	888-908-1258
Canterbury-on-the-Lake Pavilion www.canterburyonthelake.com	248-674-9292
Clarkston Speciality Health Care Center	248-674-0903
Golden Oaks Medical Care Facility	888-908-1258
Heartland of West Bloomfield	248-661-1700
Lourdes Campus www.lourdescampus.com	248-674-2241
Sanctuary at Bellbrook	248-656-6300
West Hickory Haven	248-685-1400
West Winds Nursing Home	248-363-9400

In-Home Services

Medical Services

At Home Dental Services	810-231-9855
Deaf & Hearing Impaired Services, Inc.	248-473-1888
TTY for the Deaf	248-473-1875
Fluke Hearing Instruments	866-334-7712
Health Care Professionals on Wheels—Owl Specialties (voicemail)	800-686-3784
In House Care Solutions (formerly Mobile Medical Group)	248-353-1155
www.inhousecaresolutions.com	
Lifeline Emergency Response Systems:	
American Red Cross www.redcross.org	313-833-4440/877-788-0014
Guardian Medical Monitoring	
www.guardianmedicalmonitoring.com	877-435-7225
St. Joseph Mercy Hospital www.stjoesoakland.org	248-858-3000
Nanna & Papa's Helping Hands	248-705-1747
Oakland Audiology	248-673-8000
Podiatry Services:	
Danto Podiatry	248-674-4141
Dr. Haase Podiatry (Foot) Services	248-666-8807
Prescription Delivery:	
Family Meds Pharmacy & Medical Supply www.familymeds.com	888-787-2800
Binsons Pharmacy www.binsons.com	888-246-7667
Rx.com—On Line Pharmacy & Health Resource www.rx.com	800-433-5719
St. Joseph Mercy Hospital www.stjoesoakland.org	248-858-3000

Miscellaneous Services

Catholic Social Services - Service with Love Telephone Reassurance	248-559-1147
www.cssoc.org	
Friendly Visitors—Waterford Senior Center	248-682-9450
Library Home Delivery Service—Waterford Library	248-618-7682
Moving Forward L.L.C.	248-889-3559

Physicians

Home Visits and Palliative Care—Kathleen Murphy, Physician	248-763-7898
Home Care Physicians	586-443-5588
House Call Physicians	248-559-3400
Visiting Physicians Association www.visitingphysicians.com	888-742-0285

Information Agencies

AARP--American Association of Retired Persons www.aarp.org	800-424-3410
Administration on Aging	www.aoa.gov
Alzheimer's Association	800-272-3900
A Place for Mom www.aplaceformom.com	877-666-3239
Area Agency on Aging I-B www.aaalib.org	800-852-7795
William Beaumont Hospital, Older Adult Services www.beaumonthospital.com	800-328-2241
Common Ground	800-231-1127
Eldercare Locator www.eldercare.gov	800-677-1116
Epilepsy Mobility www.epilepsyfoundation.org/michigan	800-377-6226
Highland Township Senior Center	248-887-1707
MEL—Michigan Electronic Library	www.mel.lib.mi.us
Michigan Office of Services to the Aging www.michigan.gov/osa	517-373-8230
TTY for the Deaf	517-373-4096
National Alliance for Caregiving	www.caregiving.org
OLHSA www.OLHSA.org	248-209-2600
(Oakland-Livingston Human Service Agency)	
OLHSA Senior Citizen Advisory Council	248-673-3493
Senior Resource Line—Beaumont Hospital	800-328-2241 or 248-551-0776
United Seniors Health Council www.ophomehealth.com	
Waterford Senior Center Outreach	248-682-9450
Waterford Township Public Library http://waterford.lib.mi.us	248-674-4831

Insurance Information

AARP Insurance www.aarp.org	800-444-6544
BC/BS of Michigan Senior Help Line	800-485-4415
Health Care Fraud Education Project www.carie.org	800-356-3606
Long Term Care Ombudsman	866-485-9393
Medicaid (Dept. of Human Services) Pontiac office	248-669-7600
Medicare Appeals—Michigan Peer Review Organization	800-365-5899
Medicare Choices Helpline	800-633-4227
Medicare Hotline www.medicare.gov	800-633-4227
Medicare Rights Center www.medicarerights.org	800-333-4114
Michigan Insurance Bureau	517-373-0220/877-999-6442

Legal Services

Adult Protective Services—FIA www.michigan.gov/dhs	855-444-3911
Ask the Lawyer Program--Waterford Senior Center	248-682-9450
Michigan Attorney General Consumer Protection Division	517-335-0855
Michigan Elder Law Center	248-481-4000
Certified Elder Law Attorney - James Schuster www.JimSchuster.com	248-356-3500
Foster Care Adult Protective Services www.michigan.gov/fia	248-975-4800
Lakeshore Legal Aid	248-443-8068
Legal Hotline for Michigan Seniors	866-400-9164
Oakland County Bar Association Lawyer Referral Service www.ocba.org	248-338-2100
Oakland County Probate Court (Guardianship & Conservatorship)	248-858-0260
Oakland Livingston Legal Aid	248-548-8171
	248-456-8888
State Bar of Michigan Lawyers Referral Service	800-968-0738

Media Information for Seniors

Oakland Press	248-332-8181
Senior Channel 10 (Public Access)	248-682-0401
Spinal Column	248-360-7355

Medical Services

General Medical Services

Older Adult Services—William Beaumont Hospital	800-328-2241
Nurse on Call—Oakland County Health Department	800-848-5533/248-858-1406
Oakland Integrated Healthcare Network (wellness needs)	248-724-7600
St. Joseph Mercy Oakland Physician Referral	800-372-6094

Audiology & Hearing Aid Services

Deaf & Hearing Impaired Services, Inc.	248-473-1888
TTY for the Deaf	248-473-1875
Fluke Hearing Instruments	866-334-7712
Jade Hearing Instruments	800-348-5233/248-922-5600
Oakland Audiology	248-673-8000

Dental Services

Dental Hygiene Clinic--OCC	248-942-3260
Donated Dental Services	800-850-5913
Dental Office of Oakland County (Referral Only)	248-858-1306
Michigan Dental Association - Senior-Dent (Income Based Fees)	800-589-2632
Oakland Integrated Healthcare Network	248-724-7600
St. Joseph Mercy Dental Center (Uninsured/Disabled)	248-858-6662

Geriatric Assessment Centers

William Beaumont Hospital, Geriatric Evaluation Clinic	248-551-8305
Botsford General Hospital, Geropsychiatric Services	248-471-8723
Crittenton Hospital – Behavioral Health Center	248-652-5797/248-652-5430
McLaren Geriatric/Psychiatric Program	248-338-5588
SJM Oakland Gero-Psychiatric Program	248-858-3623
Krieger Geriatric Center – Huron Valley Hospital	866-937-4211

www.hvsh.org/hvsh/kgc

Mental Health Services

Catholic Social Services	248-666-8870
Common Ground Crises Service Center	www.commongroundhelps.org
	800-231-1127
Crittenton Psychiatry	248-652-5000
Havenwyck Hospital	248-373-9200
Oakland Family Services	248-858-7766

www.oaklandfamilyservices.org

Pharmaceutical Programs

AARP Pharmacy	800-456-2226
COSTCO (Prescription Only)	www.costco.com
	248-972-0725
Eli Lilly Answers	855-559-8783
Oakland County Senior Prescription Discount Program	877-321-2652
Oakland Livingston Human Services	248-209-2600
Together RX	800-444-4106
World Medical Relief	313-866-5333

Pharmacies (Delivery Services)

Binsons Pharmacy	www.binsons.com
Troy	248-828-8400
Royal Oak	248-828-8400
Clarkston Pharmacy	248-625-8030
Rx.com—On Line Pharmacy & Health Resource	www.rxlist.com and www.rx.com

Podiatry (Foot) Services

Danto Podiatry	248-674-4141
Michigan International Foot & Ankle Center	248-858-6773
Haase, Kris A., DPM	248-742-5995

Vision Services

Balian Eye Center	800-882-3937
Eye Services—Associated Vision (St. Joe's)	248-334-5400
Kresge Eye Institute	313-577-8900/248-594-6702
Millman-Derr Center for Eye Care, PC	248-852-3636
Oakland Eye Care, Dr. Thomas Biggs & Dr. French	248-620-3000
Retina Consultants of Michigan	800-252-4223

Physical Therapy/Rehabilitation Services

General

Clarkston Specialty House	248-674-0903
CORA Rehabilitation Clinics	www.corahealth.com 248-627-4084
Doctor's Hospital	248-857-7200
Excel Rehabilitation Services	http://www.excelrehab.net 248-674-9560
Heartland Rehabilitation Services	www.heartlandrehab.com 248-539-2900
Metro Home Health Care Services, Inc.	http://www.metrohomehc.com 800-462-5632
Prescription Fitness/Physiotherapy	http://www.physiocorp.com 248-674-1506
SJM Oakland Cardiac and Pulmonary Rehab	248-858-3128
SpectraMed, Inc.	www.spectramedinc.com 248-669-5757

Vision

Beaumont Hospital Low Vision Clinic	248-551-2020
Commission for the Blind	www.michigan.gov/mcb 800-292-4200
Greater Detroit Agency for the Blind and Visually Impaired	313-272-3900 www.gdabvi.org

Senior Centers

Clarkston Senior Center	248-625-8231
Dublin Senior Center	248-698-2394
Highland Township Senior Center	248-887-1707
Milford Senior Center	248-684-0705
Our House Clubhouse & Senior Center	248-668-0922
Waterford Senior Center	248-682-9450

Support Groups

Support Groups give those who share a common experience or tragedy an opportunity to express their feelings and emotions with those who understand, and, in return, receive support and encouragement as well as learn new coping techniques.

Alcoholics Anonymous	248-332-6116
Al Anon	248-706-1020
Alzheimer Support Groups—Alzheimer’s Association	800-272-3900
Caregiver Support Group—Waterford Senior Center	248-682-9450
Caregiver Action Network www.nfcacares.org	800-896-3650
Faith Community Nursing	248-858-3042
Grief Support Groups:	
Coats Funeral Home	248-674-0461
Donelson-Johns and Evans	248-673-1213
Waterford Senior Center	248-682-9450
Hear Me Now Group-- Deaf, Hearing & Sign Language Center	248-473-1888
TTY for the Deaf	248-473-1875
Hearing Impaired Group—Waterford Senior Center	248-682-9450
Michigan Protection Advocacy	800-288-5923
Michigan Self Help Clearing House Hotline	www.mpas.org
Narcotics Anonymous	877-338-1188/248-543-7200
Outpatient Diabetes Information St. Joseph Mercy Oakland	248-858-6653
Problem Gambling	800-270-7117
Stroke Care—SJM Oakland	248-858-6502

Transportation

Non Profit

Waterford Senior Center 248-682-9450

Taxicab & Shuttle Service

Metro Ride Cab Company 248-666-2110

My Ride 855-697-4332

Oakland Metro Airport Service 800-320-1683

Transportation Service for Disabled

Reddi Ride 248-559-2500

Star EMS 248-674-9700

Veteran’s Services (to VA Medical Centers) Outpatient Pontiac 248-332-4540

Veteran’s Services (to VA Medical Centers) Detroit 313-576-1000

Waterford Senior Center (Waterford Area Only) 248-682-9450

Travel

Elderhostel www.roadsscholar.org	877-426-8056
TTY for the Deaf	877-426-2167
Senior Travelers—Waterford Parks & Recreation http://www.twp.waterford.mi.us/parksrec	248-674-4881
Seniors Unlimited Tour Bus Company	248-338-1333
Travel Michigan www.michigan.org/	800-543-2937
Waterford Senior Center	248-682-9450

Utilities

AT&T Special Needs Center—Voice	877-902-6350
Communications Equipment for the Disabled	800-902-6350
Michigan Relay Center—TTY/Voice	800-649-3777
TTY Operator	711
AT&T Resident Customers	
Billing Information	800-244-4444
Lifeline Telephone Assistance Plan (Income Qualify)	800-641-8722
Pricing & Ordering	800-288-2020
Repair	800-246-8464
Comcast Cablevision of Oakland County	
Business Office, Repairs	800-266-2278
Consumers Energy	
Hearing Impaired TTY Users	800-649-3777
Service-Bill Information-Emergencies	800-477-5050
DTE Energy	
Customer Service and Emergencies	800-477-4747
Hearing Impaired TTY Users	800-888-6886
Public Service Commission	800-292-9555
Utilities Assistance:	
FISH	248-334-5555
Home Energy Assistance—FIA Department of Human Services	248-975-5200
Housing & Energy—OLHSA	248-209-2760
Lighthouse of Oakland County, Inc., Clarkston	248-620-6116
Lighthouse of Oakland County, Inc., Pontiac	248-920-6100
OPEN DOOR	248-360-2930
Salvation Army	248-477-1153/248-334-8210
Waterford Township Water and Sewer Department	248-674-2278

Veteran Services

Oakland County Veterans' Services www.oakgov.com/veterans	248-858-0785
Veterans' Services Detroit	313-576-1000
VA Benefits and Services	www.va.gov
VA Insurance Information	877-222-8387
Veteran Affairs Hotline	800-273-8255
VFW Heart of the Lakes Post #1008	248-674-2826

Volunteer Opportunities

Alzheimer's Association	800-272-3900
American Red Cross www.redcross.org	877-788-0014 313-833-4440
Bucket of Love Intergenerational Program—Waterford Senior Center	248-682-9450
Canterbury-on-the-Lake www.canterburyonthelake.com	248-674-9292
Catholic Social Services www.cssoc.org	
CSS Foster Grandparents Program	248-548-4044
CSS R.S.V.P. (Retired Senior Volunteer Program)	248-559-1147
CSS Senior Companion Program	248-559-1147
CSS Service with Love Telephone Reassurance	248-559-1147
Christmas in Action	248-618-7433
Mercy HomeCare and Hospice	248-452-5300
Friendly Visitors Program—Waterford Senior Center	248-682-9450
Friends of the Waterford Library	248-674-4831
(Call Waterford Library for referral information)	
Interfaith Volunteer Caregivers	586-757-5551
Lourdes Senior Community	248-674-2241
Meals on Wheels Nutrition Program—Waterford Senior Center	248-682-9450
Mercy Volunteers	248-858-3035
Oakland Literacy Council Adult Tutoring Program	248-253-1617
Senior Corps	www.seniorcorps.org
United Way Community Services	800-392.4833
Waterford Parks & Recreation, Senior Program	248-674-4881
www.twp.waterford.mi.us/parksandrec	
Waterford Senior Center www.waterford.k12.mi.us/SeniorCenter	248-682-9450
Waterford Township Public Library http://waterford.lib.mi.us	248-674-4831

WEB ADDRESSES

AAA 1-B Senior Advocacy Network	www.aaalb.org
AARP	www.aarp.org
Administration on Aging	www.aoa.gov
Adult Protective Services—FIA	www.michigan.gov/dhs
Affordable Home Care	www.affordablehomecare.org
Alterra—Clare Bridge House of Farmington Hills	www.brookdaleliving.com
ALS (Lou Gehrig’s Disease) Foundation	www.alsa.org
Alzheimer’s Association Helpline	www.alzg.org
Alzheimer’s Disease Education & Referral Center	www.nia.nih.gov/alzheimers
American Association of Retired Persons	www.aarp.org
American Cancer Society	www.cancer.org
American Council for the Blind	www.acb.org
American Diabetes Association	www.diabetes.org
American Heart Association	www.americanheart.org
American House	www.americanhouse.com
American Lung Association	www.lungnet.org
American Medical Services	www.amsmedical.net
American Parkinson’s Disease Association	www.apdaparkinson.org
American Red Cross	www.redcross.org
AOA Eldercare Locator	www.eldercare.gov
A Place for Mom	www.aplaceformom.com
ARC Advocates for Disabilities	www.arcmi.org
Area Agency on Aging 1-B	www.aaalb.org
Arthritis Foundation	www.arthritis.org
Attorney General	www.michigan.gov/ag
Autumn Ridge of Clarkston	www.autumnridgeofclarkston.com
Beaumont Hospital	www.beaumont Hospitals.com
Benefits checkup	www.benefitscheckup.org
Better Business Bureau	www.BBB.org
Binsons Home Health Care & Binsons Pharmacy	www.binsons.com
Bureau of Health Professions	www.michigan.gov/healthlicense
----Complaint Hotline	www.michigan.gov/lara
Cancer Information Service	www.upmccancercenters.com
Canterbury-on-the-Lake	www.canterburyonthelake.com
Caregiving.com	www.caregiving.com
Care Management—AAA 1B	www.aaalb.org
Catholic Social Services	www.cssoc.org
Certified Elder Law Attorney – James Schuster	www.JimSchuster.com
Christopher Reeve Paralysis Foundation	www.ChristopherReeve.org
Citizens for Better Care	www.cbcmi.org
ComForcare Senior Services	www.ComForcare.com
Commission for the Blind	www.michigan.gov/mcb
Common Ground Crises Service Center	www.commongroundhelps.org

WEB ADDRESSES (Continued)

CORA Rehabilitation Clinics	www.corahealth.com
COSTCO	www.costco.com
Credit Reports:	
---Equifax	www.equifax.com
---Experian	www.experian.com
---TransUnion	www.transunion.com
Crittenton Hospital	www.Crittenton.com
DEAF C.A.N.!	www.deafcan.org
Disability	www.disability.gov
Doctor's Hospital of Michigan	www.dhofm.com
DRIS—Detroit Radio Information Service	www.dris.org
Eldercare Locator	www.eldercare.gov
Elderhostel	www.roadscholar.org
Elder Law Attorneys (National Academy of)	www.naela.org
Elmhaven Manor	www.havenmanors.com
Epilepsy Mobility	www.epilepsyfoundation.org/michigan
Family Meds Pharmacy & Medical Supply	www.familymeds.com
Fannie Mae Foundation	www.fanniemaef.com
FIA Adult Protective Services	www.michigan.gov/dhs
Fountains at Franklin	www.watermarkcommunities.com
Fox Manor-on-the-Lake	www.lourdesseniorcommunity.org
Greater Detroit Agency for the Blind & Visually Impaired	www.gdabvi.org
Guardian Medical Monitoring	www.guardianmedicalmonitoring.com
Harbor Chase of Auburn Hills	www.harborchase.com
Health Care Fraud National	www.nhcaa.org
Heartland Rehabilitation Services	www.her-manorcare.com
Home Helpers	www.homehelpers.cc
Home Instead Senior Care	www.homeinstead.com/408
Homewatch Caregivers	www.homewatchcaregivers.com
Hospice Foundation	www.hospicefoundation.org
Hospice Link	www.hospiceworld.org
Hospice of Michigan	www.hom.org
Huron Valley-Sinai Hospital	www.hvsh.org
Identity Theft	
---Identity Theft	www.consumer.ftc.gov
Independence Village & Oaktree Apts.	www.seniorvillages.com
In Home Respite Care—Alzheimer's Association	www.alzgm.org
Inn at Cass Lake	www.innatcasslake.com
Insurance Information Hotline	www.iiminfo.org
Karmanos Cancer Institute	www.karmanos.org
Krieger Geriatric Center – Huron Valley Hospital	www.hvsh.org/hvsh/kgc
Lifeline Screening	www.lifelinescreening.com
Lighthouse of Oakland County	www.lighthouseoakland.org
Lockwood of Waterford	www.lockwoodgrp.com
Lourdes Campus	www.lourdesseniorcommunity.org
Lutheran Social Services	www.lssm.org
LWV (League of Women Voters)	www.lwvmi.org
Maple Village	www.maplev.org

WEB ADDRESSES (Continued)

McLaren Hospital	www.mclaren.org
Medicare Hotline	www.medicare.gov
Medicare/Medicaid Services	www.cms.hhs.gov/
Medicare Rights Center	www.medicarerights.org
MEL—Michigan Electronic Library	www.mel.lib.mi.us
Mercy Health Line	www.stjoesoakland.org
Michigan Department of State	www.michigan.gov/sos
Michigan Office of Services to the Aging	www.michigan.gov/osa
Michigan Protection Advocacy/Self Help Clearing House	www.mpas.org
Michigan Multiple Sclerosis Society	www.nationalmssociety.org
Michigan Parkinson’s Disease Foundation	www.parkinsonsmi.org
Moving Forward LLC (Moving Service)	www.movingfwd.com
National Alliance for Caregiving	www.caregiving.org
National Association of Professional Geriatric Care Mgrs.	www.caremanager.org
National Center for Home Equity Conversion	www.reverse.org
National Committee to Preserve Social Security & Medicare	www.ncpssm.org
National Family Caregivers Association	www.caregiveraction.org
National Fraud Information Center	www.FRAUD.org
National Hospice & Palliative Care Organization	www.nhpco.org
Needy Meds	www.needymeds.com
Nursing Homes and Comparisons	www.medicare.gov
Nurse on Call (Oakland County Health Division)	www.oakgov.com/health/
Oakland Community College	www.oaklandcc.edu
Oakland County	www.oakgov.com
Oakland County Bar Association (Referral Service)	www.ocba.org
Oakland County Library for the Visually & Physically Handicapped	www.afb.org
Oakland County Senior Citizen Coordinator	www.co.oakland.mi.us
Oakland Family Services	www.oaklandfamilyservices.org
Oakland Literacy Council	www.oaklandliteracy.net
Oakland County Health Division	www.oakgov.com/health/
Oakland County Veterans Benefits	www.oakgov.com/veterans/
Oakland Primary Health Clinic	www.oaklandhealthplan.com
OLHSA (Oakland Livingston Human Service Agency)	www.OLHSA.org
Operation Medicine Cabinet (Sheriff Dept.)	www.oakgov.com
Parents Changing Spaces	www.ParentsChangingSpaces.com
Penny Lane Elderly Care	www.PennyLaneElderlyCare.com
Professional Parent Care	www.professionalparentcare.com
Prescription Drug assistance	www.mi-seniors.net
RxList – The Internet Drug Index	www.rx.com and www.rxlist.com
St. Joseph Mercy Hospital	www.stjoesoakland.org
Schwan’s Meal Times	www.schwans.com
Senior Health topics	www.nihseniorhealth.gov
Senior Corps	www.seniorcorps.org
Senior Information	www.seniornet.org
Senior Living Alternatives	www.senioralternatives.com
Serving Seniors, Inc.	www.servingseniors.net

WEB ADDRESSES (Continued)

Slater Services LLC	www.eldercareconcierge.net
Social Security	www.ssa.gov
SpectraMed, Inc.	www.spectramedinc.com
Stamps by Phone	www.usps.com
State House Web Page	www.house.gov
State Legislative Link	www.michiganlegislature.mi.gov
State Senate Web Page	www.senate.gov
Travel Michigan	www.michigan.org
U.S. House Web Page	www.house.gov
U.S. Senate Web Page	www.senate.gov
United States Post Office	www.usps.com
VA Benefits and Services	www.va.gov
Village of Oakland Woods	www.pvm.org
Visiting Physicians Association	www.visitingphysicians.com
Waltonwood of Royal Oak	www.waltonwood.com
Waterford Community Planning	www.twp.waterford.mi.us
Waterford Senior Center	www.waterford.k12.mi.us/SeniorCenter/
Waterford Township Offices	www.twp.waterford.mi.us
Waterford Township Public Library	www.waterford.lib.mi.us
Wright & Filippis	www.FirstToServe.com

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MISSION STATEMENT

Waterford Senior Center

248-682-9450

The mission of the Waterford Senior Center is to provide a focal point in the Waterford community for services, programs and activities associated with vital aging.

*We are happy to take your additions and corrections.
Updates for this web site will be completed once a year.*