



NEWS RELEASE

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Waterford Village *Plot* Luck Harvest Offers Families a Bounty of Vegetables

November 4, 2010 Waterford, Mich. – Waterford Village Elementary School parents, students, and staff are invited to the Village *Plot* Luck Harvest on Friday, November 19, 5:30 – 7:00 p.m., Waterford Village Elementary School, 4241 Steffens. Guests will enjoy a bounty of vegetables, the same vegetables grown in the Village Garden. The garden was made possible through the Love Your Veggies™ school grant, sponsored by the makers of Hidden Valley® Salad Dressings in partnership with School Nutrition Foundation (SNF) and supported by Produce for Better Health Foundation (PBH).

In 2009, the Waterford School District and Waterford Village Elementary School were the recipients of the \$15,000 nutrition grant, which has allowed Waterford Village Elementary School access to, and consumption of, fresh vegetables. Seedlings for the garden were started in indoor garden stations and planted in the outside garden in the spring of 2010. This past May, the District welcomed a visit from Ms. Audrey Rowe, Deputy Administrator for Special Nutrition Programs in the Food and Nutrition Service, United States Department of Agriculture. Her visit was prompted by the nutrition efforts in place at Waterford Village.

The *Plot* Luck Harvest menu will feature Harvest Salad, veggie or broccoli soup, rolls, and dirt cake. The event is free. Parents and staff are encouraged to bring a cash donation to Forgotten Harvest, a food rescue program and the Waterford School District's sponsored community service project. To learn more about the Love Your Veggies™ school grant and projects, visit www.waterford.k12.mi.us/village/veggies.

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