

The Kingsley Connection

Kingsley Montgomery School Newsletter

John Gregory – Principal • Kristin DeLeeuw – Program Coordinator

4165 Halkirk Waterford MI 48329 (248) 623-9660

<https://www.waterford.k12.mi.us/specialized/kingsley-montgomery/>

ACES Walk

Students and staff participated in ACES walk this year that happened on May 1, 2024. All Children Exercising Simultaneously (ACES) started in 1989 to encourage children to exercise and promote healthy habits. Schools across the nation participated in the event. The Kingsley walk, organized by Mrs. Scolaro, encouraged students to enjoy some great activities followed by a healthy snack of fruit and a water bottle to fill and take home.



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Stay connected at: www.waterford.k12.mi.us/kms for important news and updates!

ACES Walk



Students and staff enjoyed the nice weather outside while participating in the ACES walk.



Staff Wellness and Fitness

During the month of May, the WEB committee challenged staff members to be involved with Healthy You Bingo. Each week staff were challenged with different types of activities that were physical, mental, or nutrition related. Staff were then awarded tickets for each "Bingo" they completed on the card. These tickets were put into boxes and winners were chosen for gift baskets. Thank you to all the staff that participated, it was a great activity.

** Not pictured is Ms. Viv Miller our Cafeteria cook who won a fun filled bag with summer activities and a gift card to Dairy Queen. **



Mrs. Benham- Speech Pathologist won a beautiful self-care journaling basket that included a Starbucks gift card.



Ms. Chyba- Instructional Aide Room 11 won a gardening basket which included a gift card to Bordines.



Mrs. Lawson Instructional Aide Room 1 won a beautiful self-care foot massage candle basket with an Amazon gift card.

Garden



Kingsley perennial garden is starting to bloom and grow. Mr. Larry Hearn is starting to plant our annual flowers and vegetables in the garden. Students come out to enjoy the flowers and help with the upkeep of our beautiful garden.



Physical Therapy/ Occupational Therapy

Room 11 Galaxy Yoga with Physical Therapist Dr. Habermas



Occupational Therapist Mrs. Fuderer made a putt-putt golf course for the students to play on during their therapy sessions. Students enjoyed therapy by putting their time away.

SXI/SCI Bowling Trip



Rooms 8, 9, 11, 12, and 13 Took a field trip to Cherry Hill Lanes to spend a few hours in the community along with some physical activity. Students and adults had a great time bowling! Thank you to our physical therapist and occupational therapist for arranging this for the students.



Year End Carnival



The year end carnival is the highlight of the school year. The WEB committee starts the planning as soon as the school year kicks off. With volunteers manning games and providing refreshments, staff enjoyed the carnival with all the students. This year we had Chamberlain Pony Rides bring a petting zoo with a horse, a pony, and other animals for the students to enjoy.



Carnival (Cont'd)



Thank you to Dupont and Knights of Columbus for the generous donation of time and money to help make Kingsley Montgomery School year end carnival a success.

