

**2022**

**31st Annual  
Walk & Roll  
for Meals on Wheels**



Kids With  
Registered  
Adults Are  
Free!

**Waterford Senior Center**  
**3621 Pontiac Lake Road**  
**Waterford, MI 48328**

**\$20.00 SATURDAY**  
**September 24, 2022**  
**REGISTRATION - 8:30 AM**  
**WALK AND ROLL- 10:00 AM**  
**CELEBRATION LUNCH-11:30 AM**

**The Day Includes:**  
**Free T-Shirt with Registration!**  
**Great Prizes!**  
**Snacks & Lunch!**  
**Photo Booth!**  
**Kid's Zone with Bounce House,**  
**Games, and Face Painting!**  
**FUN!**

**31st Annual Fundraiser**  
**All proceeds go to help**  
**fund Waterford's Meals**  
**on Wheels program.**

**We deliver more than**  
**1,600 meals per week**  
**to homebound seniors!**

**\$21.00 helps us feed**  
**a senior for a week!**

**Help us....Help them!**

**Join us for a fun 3-mile walk and roll that**  
**begins and ends at the senior center.**  
**Participants can walk, run, roller-skate,**  
**push a stroller, rollerblade, or bicycle!**

**Pledge sheets are available in the main**  
**office at the senior center.**

**Rain or Shine!**



**Want to keep up to date on walk and roll happenings?**

**Follow us on Facebook :**

**Walk and Roll for Meals on Wheels**

**Need more information, or have questions?**

**Call us at 248-682-9450**